
**Freshman**
- Enroll in Core Courses
- Explore clubs, organizations, and other activities
- Talk with Career Development Staff Member about possible career opportunities
- Summer Vacation
  - Get a job, internship, or volunteer
  - Learn to work with others
  - Gain experience

**Sophomore**
- Complete Self-Assessment: Values, Skills, Interest & Goals
- Conduct Informational Interviews with Professionals in Careers of Interest
- Volunteer “to Shadow” a Professional
- Summer Vacation
  - Get a job, internship or volunteer
  - Develop interpersonal skills
  - Develop good work ethic

**Junior**
- Research Career Options Related to Your Interest, Skills, Values, & Goals
- Build a Professional Wardrobe
- Continue to Seek Advice from Faculty, Advisors, and Career Development Staff
- Summer Vacation
  - Complete course requirements for field of study
  - Review academic plans as relate to career options
  - Investigate the employment outlook for your career options

**Senior**
- Attend Career Fairs and Career Development Seminars
- Update & Load Resume to Career Development Database
- Continue to Be Active in Extracurricular Activities and Develop Interpersonal Skills
- Participate in On-Campus Work Study
- Attend Career Fairs and Career Development Seminars

**Realization: Making Decisions**
- Discuss Career Choices with Advisor or Career Development Staff
- Maintain Contact with Faculty, Staff, & Administrators

**Inquiry: Self and Career Awareness**
- Choose a Major Tentatively
- Develop Initial Resume
- Participate in On-Campus Work Study
- Register with Career Development Office (JOBS4MOUNTAINEERS)

**Assessment and Exploration**
- Research Specific Careers & Required Qualifications
- Investgate the Employment Outlook for Your Career Options
- Research & Participate in Internships

**Evaluating Career Options**
- Attend Career Fairs and Career Development Seminars
- Get a Part-Time Job or Internship in Related Fields
- Make employment or graduate school choices

**Good Luck and Strive to Achieve!**