

SCHREINER UNIVERSITY

Bachelor of Arts

Health Sciences Pre-Occupational Therapy track

Sample Four Year Plan beginning Fall 2026

This curriculum guide intended for use in coordination with corresponding degree plan and course rotation.

Minimum 120 Credit Hours

Fall Semester 1

Communication core course	3
IDST 1301 Freshman Studies	3
MATH 1310 College Algebra	3
PSYC 1301 Introduction to Psychology	3
Elective course	3
<i>Credits</i>	15

Spring Semester 1

IDST 2201 Introduction to Health Careers	2
Communication core course	3
Engagement core course	3
SOCI 1301 Introduction to Sociology	3
Elective course	3
<i>Credits</i>	14

Fall Semester 2

BIOL 2301/2101 Anatomy and Physiology I	4
PSYC 2300 Lifespan Development	3
Engagement core course	3
Global Perspective core course	3
Elective course	3
<i>Credits</i>	16

Spring Semester 2

BIOL 2302/2102 Anatomy and Physiology II	4
MATH 2330 Applied Statistics	3
Aesthetic Appreciation core course	3
Global Perspective core course	3
Elective course	3
<i>Credits</i>	16

Fall Semester 3

BIOL 2360 Medical Terminology	3
Upper level BIOL, CHEM, or PBHL choice	4
Elective course	3
Elective course	3
Elective course	3
<i>Credits</i>	16

Spring Semester 3

Upper level BIOL, CHEM, or PBHL choice	3
PHIL 2313 Health Care Ethics <i>or</i> PHIL 1310 Introduction to Ethics	3
PSYC 3305 Abnormal Psychology	3
Elective course	3
Elective course	3
<i>Credits</i>	15

Fall Semester 4

Upper level BIOL, CHEM, or PBHL choice	4
Upper level BIOL, CHEM, or PBHL choice	4
PHYS 1301/1101 College Physics	4
Elective course	2
<i>Credits</i>	14

Spring Semester 4

Upper level BIOL, CHEM, or PBHL choice	4
Upper level BIOL, CHEM, or PBHL choice	4
HLTH 4398 Health Sciences Internship	3
EXSI 3321 Applied Anatomy and Kinesiology	3
<i>Credits</i>	14